



HIBERNATION

In the late fall and winter bears and bats hibernate while others stay awake or migrate south to warmer temperatures. **Hibernation** is a state of inactivity, usually a deep sleep that helps animals to survive during the cold months and save energy without having to eat much food. Let's explore hibernation.

This week's activities: Hibernator's Home – Winter Animal Log

Hibernator's Home

Suggested Materials:

- Playdough
- Paper
- Crayons/markers
- Paint
- Glue
- Cotton balls

Directions:

1. Choose an animal that hibernates during the winter and research its hibernation space. Is it a cave? A hollow log? The bottom of a pond? If you aren't sure which animals hibernate, check out one of the books or videos listed below.
2. Create that animal's den using whatever materials you have. If you don't have a toy version of the animal, create one using the same materials.
3. Try drawing the animal in the den. Here, we created a cave in which a bear will hibernate. It looks warm and cozy.



Winter Animal Log

Suggested Materials

- Paper
- Pencil

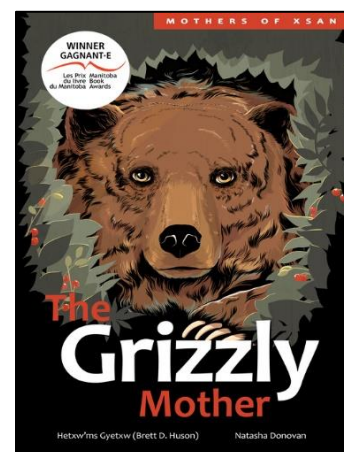
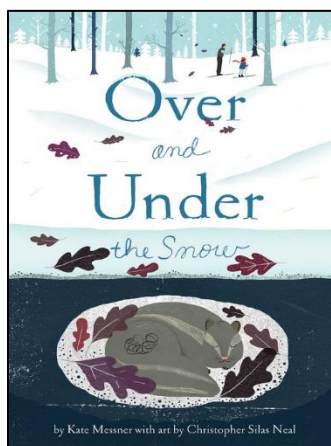
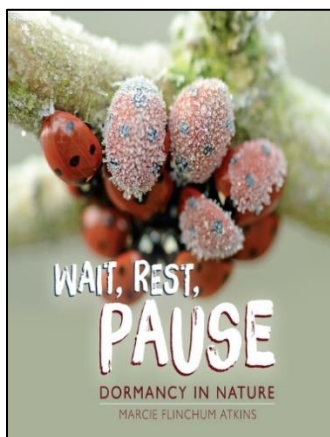
Directions:

1. Staple a couple pieces of paper together.
2. You can look for animals when you're outside or watch from a window.
3. Write the date you saw the animal, what kind of animal you saw, as well as what it was doing. Was the animal alone? Did you see an animal you thought would hibernate?

WINTER ANIMALS		
DATE	ANIMAL I SAW	WHAT WAS IT DOING
Dec 15, 2021	Squirrel	Climbing a tree branch
Dec 19, 2021	Rabbit	Hopping in the snow
Dec 29, 2021	Bird - Cardinal	Eating at bird feeder

Links to eResources:

Check out our [eBooks](#) on these topics:



[Hibernation](#) | [Seasons](#) | [Animals](#) | [Nature](#)

Search **hibernation** in Hoopla Kids. Check out the titles *Why Animals Hibernate* by Marie Rogers and *Hibernation* by Pamela McDowell.

Watch the segment called *Winter: The Four Seasons* from the video *The Four Seasons: Daily and Seasonal Changes* on SummaKids. Learn how plants and animals adapt to the wintry conditions.

You can get a library card at hpl.ca/online-registration.

If you would like to share one or all your creations, please take a picture and post it to social media using the hashtag, #HPLmakesomething.



#HPLmakesomething

hpl.ca/kids

